

EXCERPT FROM RECORDED INTERVIEW OF JENNIFER ANDRULLI TALKING  
ABOUT DEVILS CLUB

CONDUCTED BY STEFANIE BURICH

VIA ZOOM IN SOLDOTNA AND ANCHORAGE, ALASKA, RESPECTIVELY

OCTOBER 10, 2022

ORAL HISTORY 2021-02-32

JENNIFER ANDRULLI: Oh, the other reason why tinctures are very nice to have on hand, tinctures of root or bark plants like devil's club bark tincture, even spruce tip tincture, so the most chemical-dense extraction possible is ready as -- when needed. Because it's really helpful that as soon as you feel your immune system response to a pathogen that you start taking plant medicine. It can speed the healing and recovery process.

STEFANIE BURICH: So you're processing plants -- or leaves differently than barks and roots with a different duration of -- ?

JENNIFER ANDRULLI: Absolutely.

STEFANIE BURICH: Can you talk about that?

JENNIFER ANDRULLI: Oh, sorry. I -- go ahead and ask that question again.

STEFANIE BURICH: Yeah, I was just curious about, you mentioned that you're processing leaves and barks and roots differently, with a different duration of time, that there's -- you know, you let them sit and -- Can you talk about that?

JENNIFER ANDRULLI: Right. Right. So, you can -- you can make an infusion out of leaves and flowers, and an infusion only takes an hour to twelve hours to pull out the medicinal properties of the plant or flower. To pull out the plant qualities of a root or bark, it has to be boiled or you know, slash (/) simmered or soaked in hot water or even cold water for twelve to twenty-four hours. And then, to pull out the medicinal qualities. And those vary from plants, but you cannot extract all the medicine out of a root in just soaking it in hot water. You're wasting the root. I mean, it's not a bad thing. If I really needed it, I guess, I would do it in an hour, but it's most efficient to simmer it for a longer period of time to draw out all the nutrients.

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Page 1 of 1